

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: <div style="text-align: center;">Parent Abuse and Reconciliation Service</div>	
If your organisation is part of a larger organisation, what is its name? N/A	
In which London Borough is your organisation based? Enfield	
Contact person: Mr Joseph Lettieri	Position: Project Manager
Website: http://www.paars.co.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1149383
When was your organisation established? 02/10/2012	

Grant Request

Under which of City Bridge Trust's programmes are you applying? <div style="text-align: center;">Making London Safer</div>					
Which of the programme outcome(s) does your application aim to achieve? More survivors of domestic violence accessing good quality support services that help them to improve their safety, health and well-being Children and young people living in refuges accessing specialist support that helps reduce trauma, increases resilience and gives them a voice					
Please describe the purpose of your funding request in one sentence. We aim to provide a family intervention to reduce abuse in the home from children and offer emotional support to the survivors of domestic abuse.					
When will the funding be required? 01/03/2017					
How much funding are you requesting? <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">Year 1: £32,000</td> <td style="width: 33%;">Year 2: £32,960</td> <td style="width: 33%;">Year 3: £33,949</td> </tr> </table>			Year 1: £32,000	Year 2: £32,960	Year 3: £33,949
Year 1: £32,000	Year 2: £32,960	Year 3: £33,949			
Total: £98,909					

Aims of your organisation:

Paars aims to support parent/carers who are abused by their adolescent children.

Main activities of your organisation:

We offer holistic support to the whole family by offering solution focused brief therapy either in the clients home, our office or another venue such as the school. We also offer 1:1 counselling and family therapy with our trained therapists and trainee counsellors. Our weekly support groups offer a space for parents to meet and offer peer support the sessions are led by trained volunteers and we also have guest speakers from other support services. The children are supported with our free education classes covering the three core subjects English, Maths and Science at GCSE level with qualified secondary school teachers. We also offer Drama sessions for our children to raise confidence and team working skills. Paars raises awareness of parent abuse through training events, presentations to referring agencies, also provided information and interviews to academic research projects i.e Dr Rachel Condry of Oxford University. We act as advocates for parents/children at meetings. We also offer engagement in positive activities.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
1	0	3	28

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	4 months

Summary of grant request

PAARS is a unique charity. Paars has supported parent/carers who are abused by their adolescent children. From our own work we know that the major contributing factor is previous domestic violence in the home (75%) have DV as a factor. In Enfield last year the MARAC received 678 referrals the highest number of any London Borough (figure from Shan Kilby DV coordinator for Enfield) and 53% of these referrals were from BAME backgrounds. We have researched different interventions to deal with the damage caused to families who witness DV. We have decided that the DART programme run by the NSPCC was a perfect fit for our current work which deals with ongoing abuse. The DART programme will help families recover from the effects of DV and prevent children repeating the abuse they have witnessed so we can look at ending the generational cycle of abuse. In Enfield we currently have little support for survivors of DV. Enquiries with Solace Womens Aid tells us that Art and Drama therapy is offered to children aged 2-18 yrs but only if they can travel to Islington and there is no 1:1 counselling available unless the survivor can travel to Newham. These services are only offered to clients who end up in a refuge. In Haringey, the Hearthstone Project offers counselling for a charge and 2 to 3 home visits but not after 6pm. In Barnet there is the programme called Parallel which offers support for children and parents but in separate groups and then only if the child is between 4-6 yrs. Paars will offer crisis intervention to parent/carers who are in abusive relationships with their children and deal with the effects of DV once the perpetrator has left the home. This deals with current abuse and works to prevent parent abuse developing. We will offer home visits to parents abused by their children with two trained volunteers using the solution focused approach which aims to empower our families by making them responsible for any successes. We have two family therapists for further support and 1:1 counselling which can be offered at the clients home or office to maximise engagement. The DART programme will be delivered at our premises we will work with 5 families simultaneously. The programme involves 10 weekly sessions facilitated by 4 trained volunteers. The group work will involve separate peer groups and joint sessions with parent/child. The intervention will be open to any survivor of DV whether residing in a refuge or other safe house, families will be able to self-refer. Our service will be accessible to all ethnic groups and those with disabilities. Paars has a good working relationship with the Enfield DV coordinator and the IDVA's. We deal with many families who have lived with DV and the damaging effects of the abuse once the perpetrator leaves the home the anger and emotional harm. Our holistic approach provides practical support to the families we work with this includes housing/benefit advice, careers advice, parent support groups, education classes/FE advice for young people, Drama sessions for children, engagement in positive activities, opportunities to volunteer for Paars with on-going training. All volunteers will be offered supervision and training. Clients and volunteers will be invited to join our focus groups. The project meets the trusts "Making London Safer" programme as it will provide survivors of DV with support service that will enable them to discuss the effects on them and reduce the harm caused to emotional health and wellbeing. It will give children a voice in a safe environment to reduce trauma and better understand their circumstances. We are eco-friendly.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

N/A

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Provide support to parent/carers who are abused by their children through weekly home/office sessions. The whole family will be involved in looking at their preferred future and set their own targets for reducing the abuse in the home. We will work with 70 families per year over 5 years.

We will deliver the DART programme to 30 families per year. This involves 10 weekly sessions looking at the impact of DV on all family members. The groups will involve 5 families per session with separate peer group sessions and joint parent/child sessions. We will work with 150 families.

Paars will offer practical support to families which will include benefit/housing advice to reduce poverty which is a contributing factor to familial abuse. We will also provide education classes and engaging young people in positive activities to raise confidence and self-esteem.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

We will reduce abuse in the home between child and parent leading to less stress and emotional/physical harm to family members. The children will have a reduced risk of becoming involved in the criminal justice system and having better future prospects. We will reduce the isolation through our parent groups.

The DART programme will allow safe conversations to be had around the DV suffered. This will give both surviving parent and child a better understanding of the effects on each person. The groups will provide peer support and reduce feelings of isolation.

The families will have better access to available funding to reduce poverty and the pressures this brings on the family. The involvement in education classes and positive activities will improve children's chances of educational achievement and raise their confidence and self-esteem giving them a positive outlook on future prospects.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We will apply to other funders, our own fundraising events and charge for training events and school interventions via solution focused group work which has recently begun in two schools in Enfield.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

300

In which Greater London borough(s) or areas of London will your beneficiaries live?

Enfield (60%)

Haringey (20%)

Barnet (20%)

What age group(s) will benefit?

0-15

16-24

25-44

45-64

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

31-40%

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: October	Year: 2015
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Income received from:	£
Voluntary income	3,058
Activities for generating funds	0
Investment income	0
Income from charitable activities	0
Other sources	99,509
Total Income:	102,567

Expenditure:	£
Charitable activities	69,941
Governance costs	0
Cost of generating funds	0
Other	26,979
Total Expenditure:	96,920
Net (deficit)/surplus:	5,647
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	10,686

Asset position at year end	£
Fixed assets	4,485
Investments	0
Net current assets	12,399
Long-term liabilities	550
*Total Assets (A):	16,333

Reserves at year end	£
Restricted funds	12,959
Endowment Funds	0
Unrestricted funds	3,374
*Total Reserves (B):	16,333

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
0%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

PAARS will need to vacate out current premises on the 31st October 2016. We are planning to make a tender for the Albany Park Hub which we have made enquiries for and are on the list of potential applicants. We have secured funding from the Tudor Trust which will keep us operational for two years but need further funding to operate DART.

previous budget
(original)

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries	96,000	98,880	101,847	296,727
Rent	22,000	22,660	23,340	68,000
Utilities	4,500	4,635	4,774	13,909
Volunteer Expenses	5,000	5,150	5,305	15,455
DART Licence	3,000	0	0	3,000
Admin/Stationery	3,000	3,090	3,183	9,273
Refreshments	3,000	3,090	3,183	9,273
Capital Costs	4,500	0	0	4,500
Sessional Workers/Professional fees	10,000	8,240	8,487	26,727

TOTAL:	151,000	145,745	150,119	446,864
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Tudor Trust	35,000	35,000	0	70,000
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	35,000	35,000	0	70,000
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Big Lottery Reaching Communities	84,000	77,785	116,170	277,955
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries	32,000	32,960	33,949	98,909
	0	0	0	0

TOTAL:	32,000	32,960	33,949	98,909
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Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery Fund	94,932	99,509	107,122
	0	0	0
	0	0	0
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Joseph Lettieri**

Role within **Project Manager**
Organisation:

APPENDIX A (Revised Budget)

Funding required for the project

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Utilities	4,500	4,635	4,774	13,909
Volunteer Expenses	5,000	5,150	5,305	15,455
DART Licence	3,000	0	0	3,000
Admin/Stationery	3,000	3,090	3,183	9,273
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	0	0	0	0

TOTAL:	35,000	35,000	0	70,000
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Source	Year 1	Year 2	Year 3	Total
Big Lottery Reaching Communities	84,000	77,785	116,170	277,955
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries	32,000	32,960	33,949	98,909
Rent	2,000	0	0	2,000
Utilities	100	1,500	0	1,600
Volunteer Expenses	1,000	1,000	334	2,334
Admin/Stationery	0	350	1,383	1,733
Refreshments	0	250	1,383	1,633

TOTAL:	35,100	36,060	37,049	108,209
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